



Geraldton Regional Aboriginal Medical Service

February 2024 Newsletter

Events

Messy Play Session February

On Thursday 1st February, our NDIS team held the first Messy Play Session of 2024! These sessions allow children to explore sensory play by engaging their senses in an educational way, and promote learning and development of sight, sound, touch, taste, and smell.

Sensory play is important for early childhood development as it supports growth in a fun and entertaining way. The aim of our messy play is to engage with families and carers and provide information on the National Disability Insurance Scheme pathways.

Sensory play helps children develop a range of skills, including:

- **Fine motor skills:** Manipulating small objects and materials can enhance hand-eye coordination and dexterity.
- **Cognitive Skills:** Sensory experiences promote problem-solving, observation, and exploration, which are essential for cognitive development.
- **Language Development:** Talking about sensory experiences helps children build their vocabulary and communication skills.
- **Emotional Regulation:** Engaging the senses can be calming and help children manage stress and emotions.
- **Social Skills:** Sensory play can be done in groups, fostering social interactions, sharing, and cooperation.

This event occurs monthly on the first Thursday of each month. We hope to see you next time!



Elders Day

We kicked off our first Elders event of the year on Thursday 29th of February. Thank you to all Elders who came down to GRAMS clinic for health check and a Yarn!

We run monthly events for Elders on the last Thursday of each month. Join your fellow Elders next month for a yarn and win some great prizes! Elders must be 60 years or older.

GRAMS Staff Photography

In February we had a professional photographer take photos of our wonderful staff in Geraldton! These photos will be used for social media, publications such as our annual reports, and on our website. Spot anyone you know?



Upcoming Events | March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
WORLD HEARING DAY	LABOUR DAY		NYARLU'S YARNING (TIS MUM'S & BUB'S)	MESSY PLAY (NDIS)	WOMEN'S HEALTH DAY INTERNATIONAL WOMEN'S DAY	
10	11	12	13	14	15	16
		CHILD HEALTH DAY @ GRAMS		WORLD KIDNEY DAY		
17	18	19	20	21	22	23
			NYARLU'S YARNING (TIS MUM'S & BUB'S)	COMMUNITY BBQ (TIS) HARMONY DAY NATIONAL CLOSE THE GAP DAY		
24	25	26	27	28	29	30
			ELDER'S DAY		SCHOOL HOLIDAY STARTS GOOD FRIDAY	
31						
EASTER SUNDAY						

