

# GRAMS ELDERS DAY

## YOUR DAY, ALL DAY

### Activities available

- Health Checks
  - Support in completing required forms
  - Social Support
  - Hairdresser
  - Massage
  - Sewing
  - Arts and craft
- And much more



Geraldton  
Regional  
Aboriginal  
Medical  
Service

## 60 years and over Women & Men Welcome

**When : Last Thursday of each month**

**Venue: Desert Blue Connect 25 Chapman Rd  
Geraldton**

**Time 9.00am till 1.00pm**

- Pickups and drop offs available
- Morning tea and lunch provided

For more information please contact reception  
on **99 566 555** and press option 1

**Come create a stronger future, together we can do this!**